

**ATTENTION MEMBERS RESIDING IN REGINA OR NEAR
REGINA:**

The following information may be useful for the communities who may have family or members living in or near Regina.

What is up and running in Regina:

Food packages for children available at:
Wednesday, 1230 at Mamaweyatitlan Centre
- 3355 6th Ave, [\(306\) 777-7033](tel:3067777033)

Thursday, 1230 at Core Ritchie Centre - 445
14 Ave, [\(306\) 777-7080](tel:3067777080)

Four Directions Community Health Center –
open, limited services, limited access
1504 Albert St, [\(306\) 766-0200](tel:3067660200)

Mobile Crisis Services – up and running
1646 11th Ave, [\(306\) 757-0127](tel:3067570127)

Soul's Harbour Rescue Mission Meal
Service – take out at the door
1632 Angus St, [\(306\) 543-0011](tel:3065430011)

Carmichael Outreach – meals at the door at
1pm
1510 12 Ave, [\(306\) 757-2235](tel:3067572235)

Friendship Center – Limited drop in, limited
time and limited people allowed
3100 Dewdney Ave

Regina Food Bank – Food hampers being
delivered and picked up
445 Winnipeg St, [\(306\) 791-6533](tel:3067916533)

AIDS Program South Saskatchewan – Harm
reductions services up and running
1325 Albert St, [\(306\) 924-8420](tel:3069248420)

REACH – Family Baskets, Good Food Box,
seniors mobile and deliveries up and running
1308 Winnipeg St, [\(306\) 347-3224](tel:3063473224)

Phoenix – Essential services up and running
2035 Osler St, [\(306\) 569-1977](tel:3065691977)

All Nations Hope – limited drop in, no older
people
2735 5 Ave, [\(306\) 924-8424](tel:3069248424)

SEARCH – bagged lunch at the door (**Sat**,
1:00pm)
1504 Albert Street, [\(306\) 570-6208](tel:3065706208)

211 – up and running
Dial 211 or text “Hello” to 211

Salvation Army – limited access, services at
the door
2240 13th Ave, [\(306\) 757-3111](tel:3067573111)

Marion Centre – to go meal at the door
1835 Halifax St, [\(306\) 757-0073](tel:3067570073)

Indigenous Christian Fellowship – services
at the door
3131 Dewdney Avenue, [\(306\) 359-1096](tel:3063591096)

Street Project – Van and street exchange up
and running
2839 Victoria Ave, [\(306\) 565-6206](tel:3065656206)

Regina Transit – **Saturday** schedule
[306-777-7000](tel:3067777000)