

About The White Buffalo Youth Lodge-

The White Buffalo Youth Lodge is an Indigenous Youth Facility whose mission is to improve the quality of life and health for children, youth, young adults and their families in the inner city through integrated and holistic support services and programs.

All programs offered by WBYL are status blind and free of charge.

Youth Programs-- Weekdays - Fridays 6:30 - 8:30 PM Ages 14 - 18

A time for youth to engage with one another and in activities that interest them, or just drop-in and access art supplies, sports & fitness equipment and technology.

Jam Sesh-- Mondays - 6:30 - 9:30 PM All Ages

Join us for a musical night at The White Buffalo Youth Lodge! Come drum and sing with your family and friend, or just sit and listen. All ages and experience levels are welcome!

Sewing with Kohkamak-- Fridays - 5:00 - 9:30 PM Ages 16+

Youth, Adults and Elders are all welcome. Work on a project of your own or learn with the Kokums, and enjoy snacks & tea.

Drop In Volleyball-

Thurs 6:30 - 9:30 PM
Sat 12:30 - 2:30 PM
Ages 16+

Drop In Basketball-

Wed 6:30 - 9:30 PM
Sat 03:00 - 5:00 PM
Ages 16+

Fitness Room

Weekdays 4 - 9PM
Ages 17+

Youth Council-- Tuesday - 5 - 6PM Ages 15 - 18

A time for youth to engage with one another and in activities that interest them, or just drop-in and access art supplies, sports & fitness equipment and technology.



Visit us on Facebook
for more information and the
most up to date program
information
[www.facebook.com/
whitebuffaloyouthlodge](http://www.facebook.com/whitebuffaloyouthlodge)

Just Bead It!-- Thursday - 6 - 9PM All Ages

A time for youth to engage with one another and in activities that interest them, or just drop-in and access art supplies, sports & fitness equipment and technology.

Family Fun Days-- Saturday - 1 - 3PM Ages 16+

A time for youth to engage with one another and in activities that interest them, or just drop-in and access art supplies, sports & fitness equipment and technology.